Be Well with SEC SJAPPRCAP

Building SEL Skills with LEGOS

Camps will run Monday-Thursday 9:00am-11:30am

Location:

Be Well with SEL Jefferson Office Park 800 Turnpike Street North Andover, MA

2 Sessions:

July 10-13 (students entering grades 3-5) August 21-24 (students entering grades K-2)

Camp Purpose:

Campers will explore emotions and practice "we thinking" vs. "me thinking" skills. Growth mindset skills will be shown (positive self talk, the power of YET, flexible thinking). While collaborating and building, campers will learn conflict resolution skills and how to persevere through team challenges. Through the use of stories, games, and LEGO building activities, campers will have FUN while learning valuable social emotional learning (SEL) skills!

What To Bring Each Day:

-Water bottle -Peanut-free snack -Beach towel to sit on for outdoor snack

Cost: \$325

Camp Days Include:

Day 1: Exploring Emotions Day 2: Flexible Thinking/Teamwork vs. Me Work

Day 3: Growth Mindset (positive self talk, power

of YET, perseverance)

Day 4: Conflict Resolution Skills

*After each day, campers leave with a packet that includes skills taught and language used for carry over at home

Register your child on the website: www.BeWellwithSEL.com

For more information, please contact Kristen Perrotti:

978-407-6671







