



Be Well with SEL, LLC Client Agreement Form

About “Be Well With SEL, LLC”: Kristen Perrotti, founder of Be Well with SEL, LLC, is a licensed school psychologist and counselor. She develops and delivers social emotional learning lessons to students in a safe and comfortable group format. SEL is the process through which students acquire the knowledge, attitudes, and skills they need to recognize and manage their emotions, demonstrate care and concern for others, establish positive relationships, make responsible decisions, handle challenging conditions constructively, and much more.

SEL groups include:

- SEL lessons aligned with at least one of the 5 core competencies of SEL (self awareness, self-management, social awareness, relationship skills, responsible decision making)
- Stories, games, arts & crafts, video clips, and other activities relating to social emotional learning (SEL)
- A “Take Home Note/Packet” after each class that includes skills taught and language used for carry over at home

Skills Taught: SEL groups do not substitute for counseling or therapy (they are considered *enrichment programs*), and do not prevent, treat, or cure any mental disorder or medical disease. Students do not need to have a diagnosis in order to participate in a SEL group. The service involves **teaching** skills and strategies (educationally based), and are not individual treatment plans for students. Students will not be working on individual goals, such as IEP goals or behavior plans. Such tools and skills will be general and can be applied to *any* situation a student faces in the future.

Payment: The total cost of a SEL group session is \$300 (unless otherwise noted).

**Please note that Be Well with SEL, LLC does not accept insurance. Payment is accepted in the form of cash, check made payable to “Be Well with SEL, LLC”, or Venmo @KristenPerrotti (last 4 digits are 6671 if Venmo requests it).*

- A 50% deposit (\$150) is due at the time of registration in order to secure your child’s spot
- The remaining 50% must be paid *prior* to the start of the first class
- Please mail checks to: Kristen Perrotti

Be Well with SEL, LLC
800 Turnpike Street, Suite 300
North Andover, MA 01845

**Be Well with SEL, LLC offers a \$50 sibling discount when registering siblings at the same time (can be registered in different groups). A \$50 discount is also offered when registering one child for more than one SEL group during the same session.*

Missed Classes: In the event a class is canceled by the instructor due to illness, injury, or poor weather/travel conditions, etc. the instructor will reschedule the missed class. If a student misses class due to travel, sickness, or needs to quarantine, the class will not be refunded or rescheduled. There is no virtual option (due to group confidentiality) therefore students may not join the class via Zoom or other virtual platform. The student’s take home note/packet from the missed class will be saved and given to him/her in the following class.

Discontinuation of SEL group: Students may discontinue participation of their SEL group at any time upon notice to Be Well with SEL, LLC. All SEL group sessions are non-refundable, and will be the client’s obligation to pay the entirety of the group session despite discontinuation of services.

Code of Conduct: Be Well with SEL, LLC strives to maintain the safety of all students who participate in a program. As mentioned above in the “Skills Taught” section, Be Well with SEL, LLC’s programs are not to be considered a form of therapy. Unlike schools, Be Well with SEL, LLC does not have extra support staff (there is one group leader per class), therefore certain behaviors will not be tolerated. When a student exhibits behaviors that violate the Code of Conduct, s/he

will be asked to leave the program. The following behaviors are a violation of Be Well with SEL, LLC’s Code of Conduct:

- Physical Aggression (including but not limited to: punching, hitting, slapping, kicking, etc.)
- Verbal Threats
- Property Destruction
- Bolting (inappropriately leaving without permission)
- Bullying/Targeting other students
- Swearing/Inappropriate language or gestures

By signing below, all parties are agreeing to the terms in this agreement form:

Participant’s Name: _____

Parent/Guardian Signature: _____ Date: _____