

GRADES K-4
WELCOME

SEL HOLIDAY WORKSHOP

The Gift of Nothing

Hosted by: Be Well with SEL, LLC

During this 2 day (4 hours total) social emotional learning workshop, students will read the book “The Gift of Nothing” by Patrick McDonnell. Participants will engage in learning positive social skills, self esteem, and emotional management skills. They will be shown the value of heartfulness/thoughtfulness/empathy when engaging in the act of gift giving. With the enjoyment of this sweet story of friendship and season of giving, students will have FUN with games, activities, and crafts while learning valuable SEL skills. Students should plan to attend both days of the workshop.

Peanut-free snacks will be served.

Workshop participants will craft a gift for someone special!

Workshop Presenter: Kathleen Ingemi, B. Ed

Saturday, December 7th & 14th
10:00am-12:00pm

LOCATION:

Be Well with SEL, LLC
790 Turnlike Street, Suite 102
North Andover, MA 01845

Registration Required.

Scan below or visit the website to register.



COST:
\$80

\$10 sibling discount

www.BeWellwithSEL.com