



# SUMMER CAMP 2024

## Building SEL Skills with LEGOS

**Camps will run Monday-Thursday  
9:00am-11:30am**

**Location:**

Be Well with SEL  
Jefferson Office Park  
800 Turnpike Street  
North Andover, MA

**2 Sessions:**

July 8-11 (students entering grades K-2)  
August 19-22 (students entering grades 3-5)



**Camp Purpose:**

Campers will explore emotions and practice “we thinking” vs. “me thinking” skills. Growth mindset skills will be shown (positive self talk, the power of YET, flexible thinking). While collaborating and building, campers will learn conflict resolution skills and how to persevere through team challenges. Through the use of stories, games, and LEGO building activities, campers will have FUN while learning valuable social emotional learning (SEL) skills!

**What To Bring Each Day:**

- Water bottle
- Peanut-free snack
- Beach towel to sit on for outdoor snack

**Cost:** \$325

**Camp Days Include:**

- Day 1: Exploring Emotions
- Day 2: Flexible Thinking/Teamwork vs. Me Work
- Day 3: Growth Mindset (positive self talk, power of YET, perseverance)
- Day 4: Conflict Resolution Skills

*\*After each day, campers leave with a packet that includes skills taught and language used for carry over at home*

Registration is completed on the website: [www.BeWellwithSEL.com](http://www.BeWellwithSEL.com)

For more information, please contact Kristen Perrotti:

